

# **DYSLEXIA**



## What is dyslexia?

If you have dyslexia, you have difficulty reading and writing. It can be hard, for example, to:

- Match sounds to letters
- Spell
- Read new words
- Learn new words
- Find words you already know in a text
- Understand the meaning of a text
- Remember what you have read

Dyslexia makes life more difficult, since you are constantly surrounded by the written word, both in your work life and private life. We all need to be able to read and write in our day to day lives.

Dyslexia is hereditary. If you have problems with reading and writing, one of your parents may also have similar difficulties. We do not know exactly how many people in the world are dyslexic, but we estimate that number to be approximately 10% worldwide. Many well-known historical figures have been dyslexic. These include the boxer, Muhammed Ali, the painter, Pablo Picasso, the musician, John Lennon, and IT icon, Steve Jobs.

## How can I get help?

Sprogcenter Nordsjælland can determine whether you have dyslexia. When learning a new language, one often makes errors which resemble a pattern of dyslexia. Our dyslexia counselors can perform tests to determine whether your reading problems are due to dyslexia. The test takes approximately 1 1/2 hours and is completely free of charge. The results will not be available immediately. You will be called back a few days later to set up a meeting, where the counselor will inform you of the results. We schedule an interpreter for the test.

# **Training**

If you would like to improve your everyday reading skills, you can attend training sessions at one of the language center's dyslexia training groups. We offer small training groups with a maximum of 6 students.

In Denmark, individuals with dyslexia are entitled to extended testing times. You are also entitled to receive extra help if you enter an education program.

# Keep your agreement

It is important that you reach an agreement with your dyslexia counselor. If something comes up, please notify the center as soon as possible. Call the language center at: 72328500

### Requirements for our training program

We can only help those students who are willing to make the extra effort to improve their reading and writing skills. You should not enroll in our dyslexia training program if you know that you will be unable to attend regularly.

We would be happy to assist in informing your case handler or employer if you need us to do so.